

CLIENT INFORMATION

Date:			
Name of Client:		Date of Birth:	
		Zip:	
		<u> </u>	
		·\$	
How would you like to receive r	eminder alerts for upcoming	g appointments? Text Email	
Translator Needed? Yes No	0		
Primary Care Physician:		Phone:	
Would you like counselor to cor	ntact primary care physicia	n? Yes No	
If yes, please fill out the Release	of Information form with yo	our physician's information.	
Emergency Contact:		Phone:	
Relationship to Client:			
	INSURAN	ICE	
Type: Medicaid Private F	ay Private Insurance_	Other	
		riber/Medicaid #:	
		of Birth:	
Address of Policy Holder:			
Appointment Cancellation Police			
		D THE APPOINTMENT WITH THE EXCEPTION OF E MADE IN CASE OF EMERGENCIES OR OTHER	
CIRCUMSTANCES.			
Signature		Date	-



IDENTIFYING INFORMATION	Date of Assessment:	
Name of Client:	(F)	
Date of Birth	Age	
Religion (optional)	Occupation/gra	ade level
Additional pertinent informati	ion (religious practice, cultural issues, or	gender identity)
Employer/School:		
CHIEF COMPLAINT:		
What brings you to therapy a	t this time?	
Presenting Problems (check c	all that apply)	
Symptom	Severity	How long? (days, weeks, months, years)
Very unhappy	Mild – Moderate – Severe	
Impulsive	Mild – Moderate – Severe	
<u>Fire setting</u>	Mild – Moderate – Severe	
<u>Irritable</u>	A 4 1 - 1 - A 4 1 A C	
Stubborn	Mild – Moderate – Severe	
Stealing	Mild – Moderate – Severe	
Temper outbursts	Mild – Moderate – Severe	
Disobedient	Mild – Moderate – Severe	
Lying	Mild – Moderate – Severe	
Withdrawn	Mild – Moderate – Severe	
Infantile	Mild – Moderate – Severe	
Sexual Trouble	Mild – Moderate – Severe	
Daydreaming	Mild – Moderate – Severe	
Mean to others	Mild – Moderate – Severe	
Phobic	Mild – Moderate – Severe	
Fearful	Mild – Moderate – Severe	

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Destructive	Mild – Moderate – Severe
Truancy	Mild – Moderate – Severe
Clumsy	Mild – Moderate – Severe
Trouble with the law	Mild – Moderate – Severe
Bed wetting	Mild – Moderate – Severe
Overactive	Mild – Moderate – Severe
Running away	Mild – Moderate – Severe
Soiled pants	Mild – Moderate – Severe
Slow	Mild – Moderate – Severe
Self mutilating	Mild – Moderate – Severe
<u>Eating Problems</u>	Mild – Moderate – Severe
Short attention span	Mild – Moderate – Severe
Head banging	Mild – Moderate – Severe
Trouble sleeping	Mild – Moderate – Severe
<u>Distractible</u>	Mild – Moderate – Severe
<u>Rocking</u>	Mild – Moderate – Severe
Sickly	Mild – Moderate – Severe
Lacks initiative	Mild – Moderate – Severe
Shy	Mild – Moderate – Severe
Drug use	Mild – Moderate – Severe
Undependable	Mild – Moderate – Severe
Strange behavior	Mild – Moderate – Severe
Alcohol use	Mild – Moderate – Severe
Peer conflict	Mild – Moderate – Severe
Strange thoughts	Mild – Moderate – Severe
Suicide talk	Mild – Moderate – Severe
School Performance	Mild – Moderate – Severe
Other (please describe below)	Mild – Moderate – Severe
What are your expectations of your	
What changes would you like to see	e in your child?



What changes w	ould you like to see in y	ourself as a parent?		
What changes w	ould you like to see in y	our family?		
SOCIAL HISTORY	(
CURRENT FAMILY Mother	SITUATION:			
			adoptive parent other	
				_
-				-
Birth date		Age		_
Occupation		Education	adoptive parent other	
-		·		
Birth date		Age		-
Marital History of	Parents:			
Biological Parents		when		
3 3 3 3 3 3	separated			
	divorced			
	deceased	Mother or Father _		
Step-parents	married	when		
Foster or	married	when		
Adoptive parents	separated	when		
	divorced	when		
	deceased	Mother or Father _		



	was first place					
What does the ct	hild know abo	ut his/hei	r birth pare	ents, and b	oirth history?	
CURRENT LIVING	ARRANGEMEN	NTS:				
	Renting House					
Number of move	s in child's life	?				
Was the child eve Explain:	? as he/she had er placed, boo	own roo arded, or	m?	ay from the	No e family? Yes	
OTHERS LIVING IN Name	I THE HOME:			_	/Occupation/Grade	
			_			
Does the child ho	ave any other	siblings (k	oiological,	, step, foste	er, adoptive) that do NO	T live in the home?

BEHAVIORAL HEALTH HISTORY



Has your child ever been diagnosed with a Mental Health Disorder? If so, please list the diagnoses, when and where and by whom the diagnoses was made.
Has your child had any behavioral health services in the past? If so, please list they type of service (counseling, CBRS, case management, etc), when, where, and by whom was this service provided.
Please describe any family history of behavioral health diagnoses and/or treatments. Please include how they are related to your child, what they are/were diagnosed with, and what treatments were attempted.
SUBSTANCE USE/ABUSE HISTORY Does your child currently use illicit substances? If so, please indicate drug(s) of choice, date and quantity of last use.
Has your child used any illicit substances in the past? Please describe this, along with any treatment received.
Please describe any past or current nicotine/tobacco use. Include quantity and date of last use
Please describe the child's family history of substance use, including how they are related and any treatment received.



ABUSE/TRAUMA HISTORY

Has your child experienced any type of ab sexual abuse, neglect, foster care or adopt			
medical experiences, etc)			
EDUCATIONAL HISTORY			
		Dates:	Grade completed
Name of School			at this school
Preschool			
Elementary			
Junior High			
High School			_
Types of classes: general education Learning disability	resource Emotionally disturbed	exte	ended resource
ls your child on an IEP or 504 plan? Ye If yes, Learning disability			
Has child had special testing in school?	ves no		
Psychological: yes no			
If yes, please describe results:			
Has your child skilled any grade levels? Has your child been held back or repeated If yes to either, when and how many years,	d a grade level? Yes No		
Functional grade level at present time?			
Does child attend school on a regular basis	s? Yes No		
Does child appear to be motivated for sch	ool? Yes No		



Has child ever been suspended or expelled? Yes No Explain:
Highest grade on last report card?
Favorite subject?
Does child participate in extracurricular activities? Yes No (explain)
n school, how many friends does child have: a lot a few none
What are child's educational aspirations? —— quit school —— graduate from high school —— go to college —— other:
Does or did any member of the child's biologically related family have any difficulties with: Reading Spelling Math Speech f yes, please explain: Do you have any concerns about your child's education? Academically Socially f yes, please explain:
VOCATIONAL HISTORY
Current/Past employment: Job: Employer: How long: Job: Employer: How long: Do you have any concerns about your child's employment history or potential?
LEGAL HISTORY
Has your child ever had difficulty with the police? Yes No f yes, please explain: Has your child ever appeared in juvenile court? YesNo f yes, please explain:
Has your child ever been on probation? YesNo Date: Reason: Probation Officer (Name & Phone Number):



MEDICAL HISTORY

CURRENT PRIMARY CARE PHY Name:	SICIAN: Address:	Phone:	OK to contact? Yes / No
CHILD HEALTH INFORMATION Check all health problems the High fever Pneumonia Flu Encephalitis Meningitis Convulsions Unconsciousness Head injury Concussions Fainting Dizziness Tonsils out Vision Problems Hearing Problems Other Illness(s)		AGE	
Has child ever been hospitali Age How Long Rea	• • • • • • • • • • • • • • • • • • • •		
Age How Long Rea		Íf Yes, please exp	olain)



		How Long	Reason	
HEALTH OF FAMILY MEM Are there any biological Name			major illnesses? When Diagnosed	Length of Illness
If yes, please explain: DEVELOPMENTAL HISTOR PRENATAL	child's family of: ty Epilepsy YY:	Birth Defects S		
Was your child planned Normal pregnancy? If mother was ill or upset Length of pregnancy:	Yes No during pregnancy,	please explain:		
BIRTH Length of active labor: Full Term: Yes If premature, how early: If overdue, how late:	_ No 			
Birth Weight: lbs Type of delivery: head first Was it necessary to give Did infant require blood	spontaneous —— the infant oxygen?	cesared breech 2 Yes No Yes No	an with inst	



Did infant require X-ray? Did infant experience anorexia, traur If Yes, please explain:	•		No
Did mother abuse alcohol/drugs/tob	oacco during pregnancy?	Yes No	
NEWBORN PERIOD: Check all that apply Irritability Vomiting Difficulty breathing Difficulty sleeping Convulsions/twitching	How long		Severity
Colic Normal weight gain Breast fed			
DEVELOPMENTAL MILESTONES: Age at which child: Sat up: Crawled: Walked: Single words:	Bladde Bowel Weans	ntences: er trained: trained: ed:	
Describe the manner in which toilet t	raining was accomplished:		
SOCIAL DEVELOPMENT: Relationship to siblings and peers: Individual play Competitive Leadership role			
Special habits, fears, or idiosyncrasies	s of the child:		

Special interests, hobbies, skills of the child:



Please list any other information about your child that would l	oe beneficial for the counselor to know:
Parent/Guardian Signature	Date
Therapist Signature/Credentials	Date



DEPRESSION SCREENING

IN THE PAST 2 WEEKS, HOW OFTEN HAVE YOU BEEN BOTHERED BY THE FOLLOWING PROBLEMS?

FOLLOWING PROBLEMS?				
TOLLOWING TROBLEMS.	NOT AT ALL	SOME DAYS	MORE THAN HALF THE DAYS	NEARLY EVERY DAY
LITTLE INTEREST OR PLEASURE IN DOING THINGS	0	1	2	3
FEELING DOWN, DEPRESSED, OR HOPELESS	0	1	2	3
TROUBLE FALLING ASLEEP, STAYING ASLEEP, OR SLEEPING TOO MUCH	0	1	2	3
FEELING TIRED OR HAVING LITTLE ENERGY	0	1	2	3
POOR APPETITE OR OVEREATING	0	1	2	3
FEELING BAD ABOUT YOURSELF, OR THAT YOU'RE A FAILURE OR HAVE LET YOURSELF OR YOUR FAMILY DOWN	0	1	2	3
TROUBLE CONCENTRATING ON THINGS SUCH AS READING THE NEWSPAPER OR WATCHING TV	0	1	2	3
MOVING OR SPEAKING SO SLOWLY THAT OTHER PEOPLE COULD HAVE NOTICED OR BEING SO RESTLESS OR FIDGETY THAT YOU HAVE BEEN MOVING AROUND MORE THAN USUAL	0	1	2	3
THOUGHTS THAT YOU WOULD BE BETTER OFF DEAD OR HURTING YOURSELF IN SOME WAY	0	1	2	3



OFFICE POLICY STATEMENT

Please read this office policy statement. Feel free to ask your counselor any questions concerning these policies. You may request a copy for your records.

What to expect from counseling/therapy: Counseling is an individually tailored process which is designed to assist you in dealing with your concerns, coming to a greater understanding of yourself, and using effective means of coping which utilizes personal and interpersonal resources. The counseling/therapy relationship usually involves sharing personal information with your clinician which may at times be sensitive, very private, and even distressing. Therefore it is not uncommon during the course of services to feel somewhat more anxious or upset for a time. If you should feel this way, it is important to share this information with your clinician. While the outcome of counseling is most often positive, the degree to which any particular individual will reach their goals or achieve the desired level of satisfaction is not predictable. We work with you to develop an individualized treatment plan outlining your goals and the tasks to achieve those goals. Your participation in this process is vital to achieving these goals. However, all clients have the right to refuse services or any portion of treatment at any time. We will assist you to find another more suitable provider in the community if necessary.

Confidentiality: All information revealed in counseling is confidential with the following exceptions: When a person reveals intent to hurt himself/herself or others and all incidents of neglect, physical and sexual abuse or children and adults. We are required by law to report these causes to the proper authorities. Also, we must submit record if they are subpoenaed through the courts.

We may discuss relevant information with our clinical supervisors, Psychiatrist, Physician or consulting group about your case during supervision. However, be assured that information regarding your care will not be discussed outside those contacts without a HIPAA approved written release of information.

Office Behaviors: Anyone coming in for an appointment that is intoxicated, physically violent or verbally abusive will not be seen. You will however, be billed for your appointment. **Children must, at all times, be supervised by an adult in the waiting room.**

Payment Expectations: You are responsible for timely payment of all services rendered. Payment or copayment is expected at the time of each visit. A listing of services and fees per clinical hour is provided below. You may be charged for extra time spent on your behalf. This includes appointments that exceed the outpatient psychotherapy session of 20-30 minutes, 45-60 minutes, or 75-90 minutes; printed materials; reports; letters; consultations; travel time for out-of-office services; and telephone calls. A \$20.00 charge will be added to your account for any check that does not clear your bank due to insufficient funds.

Private Pay Charges: \$80 per session



All accounts with a balance after 30 days will accrue interest at the rate of 12.5% per annum. If you are unable to pay for services at the time of each visit, you must sign a written agreement for payment arrangements with the billing office. In the event that you go 30 days without making your prearranged payment, your account may be turned over to our attorney or collection agency for collection proceedings and you will also be responsible to pay the additional collection fees.

Missed Appointments: <u>A 24-hour advance notice</u> of any canceled appointment is required. You will be charged for missed appointments.

Medicaid Clients Only: Due to the requirements of Medicaid we cannot bill for missed appointments however, your treatment plan is very important to us and attendance is critical to your success. If you miss an appointment without calling in advance we will give you a courtesy call to see if you need to reschedule. If we are not able to reach you and you have missed more than two consecutive sessions without contacting us or us contacting you then you will receive notification in writing asking if you would like to continue treatment at our location. During this time your clinician may choose to have a welfare check done on you if they feel you may be endangered. If you do not respond within 1 week of receiving our letter indicating you would like to continue your sessions then you will discharged.

Testing: The counselor may request that you participate in a psychological or behavioral test to help determine your treatment plan. Please be aware that all testing of any kind is an additional charge that may or may not be covered by your insurance.

Professional Records: We are required to keep appropriate records. We use Electronic Health Records and paper charts. Because these records may be misinterpreted by a non-clinician, it is our general policy to allow a client desiring to review them only in the presence of their clinician after the matter has been fully discussed and where both agree that such a review would not interfere with services. If we decide that reviewing the record would be emotionally damaging, we would forward a summary to a client's designee.

Legal Proceedings: It is not the general role of a clinician to be involved in court proceedings unless there is agreement at the onset of a professional contract for services. There is a fee A New Beginning Wellness Center charges for clinicians to testify in court. These charges are not covered by insurance. It will be your responsibility to pay the fee and the amount will be discussed at the onset of our contract. This fee is \$1500.00 to leave this office and appear in court.

In most judicial proceedings, clients have the right to prevent us from providing any information about them. However, in child custody proceedings, adoption proceedings, and proceedings in which the clients' emotional condition is an important element, a judge may require a clinician's testimony if he/she determines that resolution of the issues before him/her requires it. Testimony may also be ordered in 1) a legal proceeding relating to psychiatric hospitalization; 2) in malpractice and disciplinary proceedings brought against clinician/agency; 3) court-ordered psychological evaluations; and 4) certain legal cases where a client has died.



You have the right to:

- Get respectful treatment that will be helpful to you/your child.
- Have a safe treatment setting, free from sexual, physical, and emotional abuse.
- Report immoral and illegal behavior by a therapist to his/her supervisor, who will take the report seriously and investigate the matter.
- Ask for and get information about the therapist's qualifications, including his/her license, education, training, experience, membership in professional groups, special areas of practice, and limits on practice.
- Have written information, before entering therapy, about fees, method of payment, insurance coverage, number of sessions the therapist thinks will be needed, substitute therapist (in case of vacation and emergencies) and cancellation policies.
- Refuse audio/video recording of the session (but you may ask for it if you wish).
- Refuse to answer any question or give any information you choose not to answer or give.
- Know if your therapist will discuss your case with others (supervisors, consultants or students).
- Ask the therapist to inform you of your progress.
- File a grievance against A New Beginning Wellness Center and/or your therapist within a reasonable period of time from the date of occurrence; be heard by an impartial decision-maker, and the resolution to not exceed 20 working days. Written explanation of the resolution of the grievance will be provided to the client/parent/guardian.
- Have assistance in filling out the grievance, an explanation of the process, an investigation of the grievance on your behalf, a hearing, and a representative for yourself at the hearing if desired by you. Stephanie Pearl, Executive Director, is the Privacy Officer and Client's Rights Officer at A New Beginning Wellness Center. You are encouraged to talk with her about any complaints, problems or grievances. She will make attempts to resolve the grievance to your satisfaction. If the grievance is unable to be resolved informally, she will assist you in filing the grievance. You may contact Stephanie Pearl at A New Beginning Wellness Center for assistance in all parts of the process. If Stephanie Pearl is the subject of the arievance, then the clinical staff person with the most experience will offer assistance.
- Have advocacy services or legal services in the filing of your complaint.
- Initiate a complaint with the Idaho Department of Health and Welfare and/or appropriate professional licensing or regulatory association. A New Beginning Wellness Center's staff will willingly assist you with the address or phone number of any of these agencies.



I understand that by signing this document I/we understand and agree to the following:

- I and/or my child will be receiving counseling/psychotherapy services to address the problems I or my child have chosen to address, which will be outlined in a treatment plan. Inherent in this are decisions to change my life or that of my child's life and mental health.
- I and/or my child will be involved in the development of the treatment plan. The goals created will be to promote a happier, healthier life for myself and/or my child.
- There are risks I am willing to take for myself and/or my child. These include, but are not limited to, an initial decline in mental health. I and/or my child's mental health could decline to the need for medication or hospitalization. I or my child could make decisions to change, which may or may not be to me or my child's benefit.
- The choice of provider is mine/my child's and I know that here are other providers I could choose. I
 understand I can refuse the services offered. I am choosing A New Beginning Wellness Center as my
 provider of choice.
- Services are provided at a time and location that are convenient, acceptable, and suitable to the client and the provider. The services are to be coordinated, consistent and not a duplication of services.
- Primary financial responsibility is mine. If Medicaid does not pay for services, due to a lapse in coverage due to my oversight, I will be expected to pay for the services provided during the lapsed time.

Signing this document below is an indication that we have had the opportunity to discuss questions or any confusion you might have regarding confidentiality and that you understand the above statements. I have read this statement about confidentiality and I have been given the opportunity to discuss it with my clinician. I understand that I may discuss any concerns or questions regarding confidentiality at any time during our work together. I have read and understand and/or my therapist has explained these rights to me. I can request a copy of them at any time. A copy of this is available in plain sight in the waiting room.

Client/Guardian Signature	Date



Consent Form (Per Federal HIPAA Law Section 164.506)

This is to inform you that your protected health information (PHI) may be used and disclosed to carry out treatment, payment, or health care operations.

You may refer to Federal HIPAA Law #164.520 for more complete description of such uses and disclosures. You have the right to review this notice before signing and giving your consent.

You have the rights to request how your PHI is used or disclosed to carry out treatment, payment, or health care operation. We are not required by law to agree to the requested restrictions, and can refuse service if not signed. If we agree to any restriction they are binding on us. You have the right to revoke this consent in writing.

This form must be signed and dated before services can be given.

Guarantor	Date



RELEASE OF INFORMATION

Client Nan	ne: Date of	BIITN:
		Boise, Idaho 83704) to exchange confidential
	ation concerning the above-named clie	-
_		
Phone/Fax:		
	I authorize:	
Informal communication	regarding all client information between	both parties.
Carries of the fallowing of	AND/OR	anay listad albaya
	ocuments to be mailed/faxed to the age	
	ocuments to be mailed/faxed to A New	
Limited verbal communic	cation (no copies) related only to the follo (Check which documents are authorize	
Bio-Psychosocial Evaluation		
	1 Syctilatic Evaluation	Report Cards/Transcripts
Licerised Evaluation	Medical History & Physical	Bendvolan rogiann Individual Education Plan
Licensed Evaluation Treatment Plan/Reviews Progress Summary	Medication ManagementMedical History & Physical Immunization Record	iridividudi Education Flan Other:
Discharge Review	Lab Results	Other:
•••••		• • • • • • • • • • • • • • • • • • • •
	Purpose of Release:	
Assessm	nent Treatment Coordination	Other:
Notification o	f compliance with court-ordered treatme	ent (e.g. DHW, DJC, Probation)
	- ·	efusal to sign will not affect my ability to obtain
treatment from A New Begini	ning Wellness Center.	
 I understand that if I am cour 	t-ordered into treatment and refuse to a	llow A New Beginning Wellness Center to share
information with those respor	nsible for monitoring my compliance with	mandated treatment, this may result in
negative consequences imp	osed by the court.	
_		; however, I cannot revoke authorization for
action that has already beer		
 A copy of this release shall be 		
	· ·	
THIS CONSEN	NT EXPIRES 1 YEAR FROM THE DATE SIGNED	UNLESS OTHERWISE SPECIFIED
	Client/Legal Guardian Signature	Date