



# An Introduction to TBRI®

Trust-Based Relational Intervention®

## Take away real applicable parenting tools

### WHAT IS TBRI®?

TBRI® is an attachment-based, trauma-informed intervention designed to meet the complex needs of vulnerable children or children from “hard places.” Each of these children have experienced abuse, neglect or trauma, making it difficult to trust others. TBRI® addresses the child’s physical needs, attachment needs, and tools to disarm fear-based behaviors. TBRI is based on years of attachment, sensory processing, and neuroscience research.

The TBRI® Overview Class is a glimpse into the method as a whole and discusses each of the principles and how they can be applied. Parents will take away real strategies to help their children heal.

### THE THREE TBRI® PRINCIPLES ARE

1. Empowerment—attention to physical needs
2. Connection—attention to attachment needs;
3. Correction—attention to behavioral needs

### TBRI® TRAINERS

Each year mental health professionals apply for scholarships to attend an intensive TBRI® Practitioner training program at the Karyn Purvis Institute for Child Development. In 2017, Becky Marquez was selected and completed the training and is one of few practitioners in the Treasure Valley.

### LEARN REAL APPLICABLE TOOLS TO HELP HURT CHILDREN HEAL

Reserve your spot by calling 208-939-3865 or email [admin@adoptanewbeginning.org](mailto:admin@adoptanewbeginning.org)

## RESERVE YOUR SEAT TODAY

TBRI® Overview  
Saturday, June 23  
9 am - 4 pm

\$30/person or \$50/couple  
includes materials and snacks,  
lunch on your own

Reserve your seat  
[admin@adoptanewbeginning.org](mailto:admin@adoptanewbeginning.org)  
invoice will follow RSVP



[Becky Marquez, Counselor  
MA, MFTI, TBRI Practitioner](#)